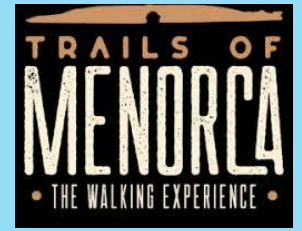


Hiking the Camí de Cavalls –

Why Menorca is one of the best hiking destinations in the Mediterranean



Hiking in Menorca: The Camí de Cavalls is a 185 km coastal trail around the island. Discover why Menorca is perfect for a hiking holiday – with local Insight.

Hiking the Camí de Cavalls – A trail that stays with you

The **Camí de Cavalls** is one of the most beautiful coastal hiking trails in Europe.

Stretching over **185 kilometers**, it circles the entire island of Menorca, following the coastline through unspoiled nature, hidden coves, forests, cliffs and historic paths.

Hiking the Camí de Cavalls is not about speed or performance.

It is about experiencing Menorca in its most authentic form – quiet, natural and deeply rewarding.



Why is hiking in Menorca so special?



Menorca is very different from other Mediterranean islands.

It is a **UNESCO Biosphere Reserve**, committed to protecting nature and avoiding mass tourism.

Protected coastline

Preserved rural culture

Low building density

For hikers, this means:

- prehistoric sites and talayotic history
- untouched natural parks
- remote beaches accessible only on foot
- traditional rural Menorca
- a sense of space and calm

Hiking in Menorca is about slowing, breathing deeply and reconnecting with nature.



The Camí de Cavalls – A historic coastal trail

The Camí de Cavalls is not a modern hiking route.

It dates back centuries and was originally used by soldiers on horseback to protect the island's coastline.

Today, it offers extraordinary variety:

- wild northern coast with red earth and rugged cliffs
- gentle southern coast with turquoise water and limestone coves
- pine forests, stone walls and lighthouses
- remote beaches only accessible on foot



Every stage feels different – and that is exactly what makes this trail so unique.



Hiking in Menorca – Nature Instead of Mass Tourism

When hiking in Menorca, you often meet more animals than people.

Tortoises, birds, goats, sheep and horses are part of everyday life on the island.

Many guests tell me that Menorca is the first place where they have experienced **real silence** again.

What makes the Camí de Cavalls so memorable?

People who have hiked the Camí de Cavalls often mention:

- inner calm
- mental clarity
- renewed energy
- a strong connection to nature



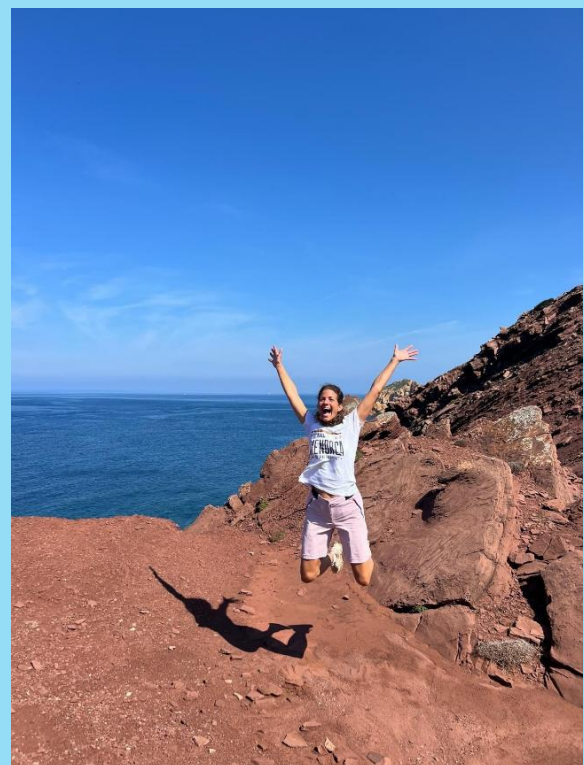
This trail is not a challenge to conquer. It is a journey to enjoy.

Guided Hiking in Menorca – The Difference

As a local hiking guide living on Menorca, I accompany guests on selected sections of the Camí de Cavalls.

Guided hikes with Trails of Menorca offer clear advantages:

- carefully chosen stages
- routes adapted to weather and fitness level
- local knowledge beyond guidebooks
- relaxed, worry-free hiking



Many guests say:

“We would never have experienced Menorca like this on our own.”



Who is the Camí de Cavalls suitable for?

The Camí de Cavalls is ideal for:

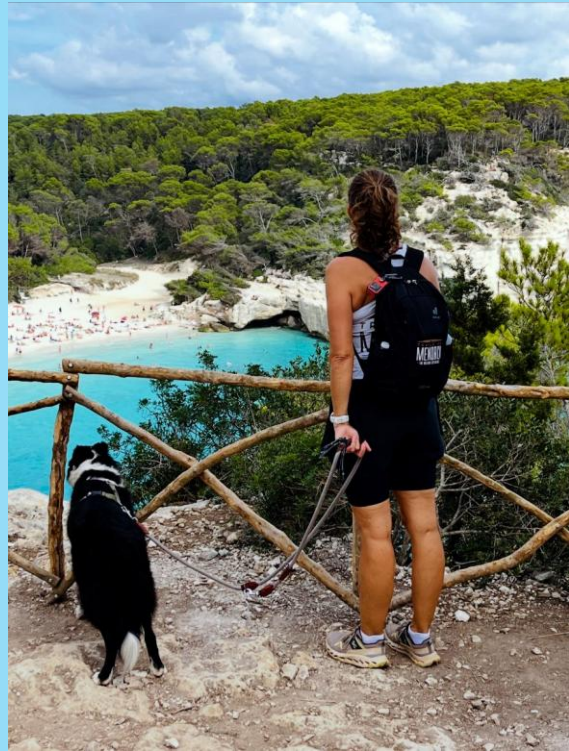
- hikers with normal fitness
- nature lovers
- people seeking peace and authenticity
- active travelers who avoid mass tourism
- solo travelers, couples and small groups

You don't need to be an extreme athlete.

You just need curiosity and a love for nature.

Find out more: [Camí de Cavalls](#)





Conclusion: Why you should come hiking to Menorca

Menorca doesn't try to impress loudly.
It convinces quietly – and stays with you.

Hiking the Camí de Cavalls is not just about walking around an island.
It is about taking something home with you.

If you want to experience Menorca on foot, I would be happy to guide you.

www.trailsofmenorca.com

The walking experience

Vanessa

info@trailsofmenorca.com

+34 691 146 453

